



CARING FOR  AMERICA'S CHILDREN 

Ohio Association of School Nurses

Spring Quarter Newsletter

March 2006

What's In This Issue?

NANCY RINI, RN, PhD
HONORED BY COLUMBUS
ROTARY

President's Message

OASN ANNUAL
CONFERENCE-UPDATE

Ohio School Nurse of the Year
Nominations

Membership News

COASN News

NWOASN News

SWOSNA News

NASN News You Can Use

OASN
PRESIDENT/TREASURER
ELECT NOMINATIONS

NANCY RINI, RN, PhD
HONORED BY

Dear OASN Member,

We hope that you've found this new newsletter format to be user friendly and to be a valuable resource to your school nursing practice. Your feedback to the newsletter editor is always welcome and appreciated! Remember that you can now find easy access to past newsletters, our *new and improved* Health Notes Section, and important announcements at our website : www.oasn.org.

• President's Message

President's Message 2005-2006 has been an extremely busy and productive year for school nursing and your OASN Board of Directors and President and it's not over yet! If you've been wondering what the OASN Board has been doing I will give you just a brief summary of events.



OASN has exhibited the OASN public relations display and newly developed pamphlets at the Ohio State Fair, the ODH New School Nurse Orientation, the State School Boards Association Conference, and the Columbus Children's Hospital School Health Update.

OASN began the year meeting with the Ohio Department of Education to assist in the upgrade of the curriculum planning and licensure requirements for school nurse licensing programs at colleges and universities throughout the state. The 2005 Scope and Standards for School Nursing has been published and establishes a new set of standards, which curriculums must incorporate. OASN will assist ODE in writing criteria and training faculty for the presentation of the new standards.

COLUMBUS ROTARY

Dr Rini, Chief of School Nursing Services for the Columbus Public Schools was honored on February 27th at the Rotarians award luncheon with the Service Above Self award. Dr Rini was one of four honorees for this prestigious award. Dr Rini has served the Columbus Public School for 32 years. Dr Rini was recognized for obtaining over \$15 million in grants for various programs in the schools and the inner-city community. The Columbus Rotary was key in one project that benefitted from Dr Rini's leadership that helped the Columbus Health Department boost immunization levels for middle school students. It cut in half the number of middle school students without complete immunization records. Another project cited as most noteworthy of all her school health programs is the Project to Reduce Infant Mortality. This program uses a mobile health unit to provide free prenatal care to pregnant students. The program now serves seven Columbus high schools and has delivered over 1500 babies since 1992 with 70 percent of the mothers returning to school. Dr Rini was also honored as Ohio and National School Nurse of the Year in 1998 and is a NASN Fellow. Dr Rini has generously designated the Ohio Association of School Nurses Education and Scholarship Fund as the recipient of the \$1000 donation made in her name

faculty for the presentation of the new standards.

OASN has been quite involved with the Ohio Department of Education in addressing two issues of our practice. We met with the Committee for Higher Education to recommend that districts be encouraged to follow the ODE direction for hiring school nurses as stated in ORC 3313.68. We brought to the attention of the committee the practice of districts hiring non-ODE licensed nurses and LPNs. We brought to their attention that these persons have been hired, given the school nurse job description, and called by other titles. OASN maintains that it is in the best interest of students to follow the established guidelines from ODE in providing services from a licensed school nurse. A memorandum followed this meeting to all districts from the Superintendent of ODE reminding districts of the correct hiring criteria for school nurses.

An opportunity was also provided to OASN to present testimony at the State Board of Education meeting in January. Our testimony included a request to amend the current Operating Standards for Primary and Secondary Schools in Ohio and to make available the services of a licensed school nurse to all students of Ohio. There are still some 50 districts in the state without the services of a school nurse.

It appears that the State Board of Education is consumed with several matters and is being encouraged by legislators to develop policy for issues of charter schools, parent choice, alternative education, accelerated education, and quality middle and high schools. The issue of improved school nursing services, while welcomed, simply did not move to the front of the line for action. The Resolutions Committee moved out all discussion regarding Operating Standards without discussion or amendments. We have been given some hope that the Operating Standards will be reviewed during the coming year and perhaps an increase in school nursing services will be included.

Another area of activity revolved around Senate Bill #164 sponsored by Senator Schuring. This bill was introduced in an effort to improve student access to emergency epinephrine for anaphylaxis. The bill proposes to permit students attending schools to carry and use an epinephrine auto-injector to treat anaphylaxis. We felt that there could be amendments to the bill, which would improve the safety for students in the schools.

Our proposal involved adding to the bill a requirement for an emergency action plan and specifics regarding competency evaluation for students and training for staff. Additionally, we suggested that the parent supply back-up medication and that the building administrator initiate a call to the emergency medical system if an emergency medication was self-administered or is administered by a staff person. We further proposed that the bill be expanded to include other emergency

by the Columbus Rotary.

The OASN Newsletter is published four times a year as a service to OASN members. Articles, questions and comments should be submitted to the editors at: 1755 Millbrook Lane, Loveland, Ohio 45140 or newsletter@oasn.org

For more information, visit www.oasn.org.

2005-2006 Board of Directors

President

Gail Pohlman (SE)
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President-elect

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presidenelect@oasn.org

Past President

Gabrielle Karpowicz (C)
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Vice President

Deborah Stoner (C)
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Debbie Aloschen (NE)
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NASN Representative

Aurelia Barney(NE)
nasnrep@oasn.org

OASN Executive Director

Renee Besecker (SW)
exdirector@oasn.org

Central Region Representative

Debbie Strouse

Senator Schuring agreed with many of our suggestions but did not feel that legislators could legislate building action plans or training for school personnel. The responsibility for determining competency of the student to recognize symptoms indicating the need for medication and the technique for administration will fall upon the prescribing medical provider. He also felt that major changes to his proposal would delay the progress of the bill and perhaps make it impossible to have the bill passed during this session. The final wording for the bill should be ready in a week or two and we will then see his final suggestion.

Again, I would encourage you to check the Ohio.Gov web site for the revised bill and read the final revision. As the bill stands for now it will model the Asthma Bill passed a few years ago with a few additions. It will be up to us to monitor building activity and planning for students given the opportunity to carry EpiPens and self medicate when necessary.

Finally, I hope that all of you are stepping up to the task of developing your district's coordinated school health plans. This is another great opportunity to offer our expertise and understanding of safety and health in developing school policy for safe and healthy environments. I encourage you to be proactive and offer your assistance. Become members of the committees charged with the responsibility to write your school's plan. Become the piece of the puzzle that puts it all together for students, community, and faculty.

Sincerely,

Gail

• OASN ANNUAL CONFERENCE-UPDATE



The 33rd Annual Conference, "School Nurses.....An Essential Piece", is fast approaching. The committee has tried to offer a program with something for everyone. I believe they have done it.

Two important dates: Registration without late fee must be in by March 15th. Hotel room reservation deadline is March 9, 2006. Registration form at www.oasn.org and go to Annual Conference.

Hotel Information: The beautiful Embassy Suites Columbus Dublin is located in Northwest Columbus. The appeal of this property impacts you the moment you step through the front

centralrep@oasn.org

East Region Representative

Jill Wickham
eastrep@oasn.org

Northeast Region Representative

Donna Fligel
northeastrep@oasn.org

Northwest Region Representative

Maureen Knowles
nothwestrep@oasn.org

Southeast Region Representative

Annette Scott
southeastrep@oasn.org

Southwest Region Representative

Kathy O'Dell
southwestrep@oasn.org

Member At Large

To Be Appointed

STANDING COMMITTEES

Legislation Issues

Gabrielle Karpowicz (C)
pastpresident@oasn.org

Membership

Lynette Rice (NE)
membership@oasn.org

Nominations

Kathy Inderbitzen (NE)
presidentelect@oasn.org

Annual Conference

Debra Stoner (NE)
vicepresident@oasn.org

Professional Issues

Susan Praeger (SW)
profissues@oasn.org

Finance

Deb Aloschen (NE)
treasurer@oasn.org

water from the water attraction at the base of the elevators, you will feel the incredible ambiance. Guests of the Embassy Suites Dublin Hotel stay in spacious two room suites and receive complimentary cooked to order breakfast and a nightly manager's reception. Complimentary high speed internet access is available in all guest suites, and wireless internet service is available in the hotel lobby. The hotel offers free parking to overnight and meeting guests, and a courtesy shuttle runs from 7am-11pm daily within a five mile radius of the hotel. There are about 80 restaurants within that five mile radius of the hotel. For a complete list of local restaurants, please call our hotel directly at 614 790 9000 or visit our website at www.embassysuitescolumbusdublin.com. We have an indoor pool, whirlpool, and exercise room, as well as two complimentary pool tables.

Each beautifully appointed two room suite includes a private bedroom and separate living area with sofa bed, wet bar with refrigerator, microwave and coffee maker, iron/ironing board, hairdryer, two TV's, and two telephones. The Embassy Suites Columbus Dublin provides a large number of suites with two double beds, as well as a pull out double sofa bed in the living room.

College credit for the conference is now available through Wright State University. Registration on-site or in advance. Contact Julie Greenup at 937.775.2576 or julie.greenup@wright.edu

We are still in the need of a few presenters for the Poster Session. We are offering 50% discount on registration for the first 8 qualifying presenters. Application is also at the OASN website.

If you have items to donate for the Silent Auction to be held on Saturday, April 1st, contact Sandy Urquhart, email is surquhart@mthcs.org

The first annual Endowment Dinner will be held on March 31st. School Nurse of the Year will be recognized at the Banquet on April 1st. The annual OASN meeting will be during the day on Saturday.

Hope to see as many of you as possible for this exciting conference. My personal goal is for you to not only go home with more knowledge, but also to have lots of opportunity to network.

Debra Stoner, Vice-President OASN

For additional OASN Annual Conference information:

• **Ohio School Nurse of the Year Nominations**

Nominations are now being accepted for the Ohio School Nurse

Public Relations

Rachel Little (C)
pr@oasn.org

Newsletter & Communications

Jennifer Ferris (SW)
newsletter@oasn.org

Librarian/Historian

Joyce Ferguson (E)

Research

Nancy Mosca (NE)
research@oasn.org

Awards

Mary Massey (NE)
awards@oasn.org

Scholarship

Linda Miller (C)
scholarship@oasn.org

Webmaster

Juliet Kolde (SW)
webmaster@oasn.org

SPECIAL COMMITTEES**ODH Representative to OASN**

Dorothy Bystrom (C)

SPCHEO

Julie Winland (C)

Action for Healthy Kids

Julie Winland (C)

Prevent Blindness Ohio

Gabi Karpowicz (C)

Ohio Coalition for Hearing Health Awareness

Renee Besecker (SW)

Ohio School Based Health Care Association

Renee Besecker (SW)

Ohio Tobacco Control Resource

Gail Pohlman (SE)

Ohio School Nurse of the Year

presented annually by OASN, recognizes one school nurse who demonstrates excellence in school nursing practice and leadership in school health.

Candidates must be currently employed, full-time Ohio school nurses with at least five years experience. Membership in OASN for the current and previous two years is required. The selections will be made on the basis of the school nurse's contributions to school health and school nursing practice. This would include clinical skills, creative programs, leadership, research projects, political and legislative contributions, and community and professional involvement. Evidence of excellence in school nursing practice will be based on Scope and Standards of Professional School Nursing Practice (2001, ANA & NASN).

The nomination forms take time to prepare and must involve the nurse being nominated. Completed nomination packets are due June 15.

Mary Massey

[For more information about all of our awards and scholarships click here...](#)

- **Membership News**

Thank You, Thank You, Thank You to all the members who have sent updated email addresses to membership@oasn.org. On February first, postcards were mailed to all members that we did not have a current email address for. The response has been great! If you know of any members that are not receiving email updates from OASN, please remind them to contact me.

At the close of the 2005 calendar year, there were 541 OASN members. Membership has been steady over the last year. Please consider sharing your member benefits with other school nurses in your area, and invite them to join the organization. NASN Newsletter is a great publication, providing current information for the school nurse to enhance his or her practice of promoting and advancing the quality of school health programs. NASN's The Journal of School Nursing offers cutting edge research on clinical subjects so pertinent to the professional school nurse.

Everyday we make an investment in the future by serving the school children of Ohio. Please encourage non-members to make an investment in themselves and their profession by joining OASN! Joining or renewing membership is easy just by going to the website and clicking on the membership box.

At last years general meeting, the membership approved an incremental increase in dues of \$10 per year over 3 years for

Deborah Strouse (C)

REGIONAL PRESIDENTS

Central

Sue Casto

East

Patricia Milosevich

Northeast

Kathy Armstrong

Northwest

Kate Malone

Southeast

Lesa Stack

Southwest

Eva Garcher

Nurses Day at the Statehouse

The meeting date for Nurses Day at the Statehouse is 3/22/06. Our OASN Legislative advisor, Sam Whitaker, would like to help coordinate some meetings with key legislators while our OASN nurses are participating. If you are planning to attend or if you are aware of nurses from your regions that are attending please contact Sam at sswhitaker@wowway.com as soon as possible.

Camp Nurses

Camp Wise is Seeking a Summer Nurse to be a Part of Our Team! Since 1907, Camp Wise has

years! Ohio is a "unified state"; your dues pay for both your OASN and NASN memberships. This is quite a bargain!

Lynette Rice, RN, BSN Membership

• **COASN News**

COASN had a very successful January membership meeting (our most highly attended for this time of year) with 25 members present for a continuing education presentation on Chiropractic Medicine and Stress at Lindsey's Restaurant at Polaris. We had an excellent presentation and a great time for networking and lunch.

We are looking forward to the opportunity to host the OASN conference in March and hope you will all attend and enjoy our hospitality. If you arrive early or stay later, there is plenty to do. If you have any specific questions about the Columbus area or are looking for something else to do while you are visiting, please visit www.hellocolumbus.com. This web site lists everything from nightlife and events to what's going on in the arts. Scroll to the bottom of the screen for specific categories.

The next COASN meeting is planned for early May, with no specific date at this time. More information to come later; check it out at our web site www.coasn.org.

Respectfully submitted,
Deborah L. Strouse, COASN Rep

www.coasn.org

• **NWOASN News**

The winter meeting for NWOASN was held on January 21, 2006 at Stone Oak Country Club. The featured speaker was Dr. Pat Cooper from McComb, Mississippi. His presentation described his efforts and successful implementation of the Coordinated School Health program in his district. There were 51 nurses and 18 Administrators in attendance. The audience gave the speaker rave reviews.

A business meeting and luncheon followed. The slate of officers presented for the 2006-2007 include Laurie Gladioux for President-elect and Maureen Knowles for NW representative to the Board.

The OASN endowment program was discussed and a motion made and passed to make a \$500.00 donation from Northwest.

provided a caring and safe overnight camp community for children ages 7- 16. Located just 30 miles east of Cleveland, Ohio on 250 scenic acres, each day at Camp Wise is an adventure in self-discovery, community-building, and fun!

Our diverse programming includes boating, sports, arts, nature, drama, horseback riding, archery, swimming, a climbing tower, ropes course, and more! For 2006, a new swimming pool, tennis and basketball courts, hockey rink and covered gym will enhance our already first-rate program.

Camp Wise is seeking an experienced nurse to join our ACA accredited camp. Nurses should bring energy, compassion, organization, and enthusiasm to the Camp Wise community! Responsibilities include:

- Dispensing medications
- Managing sick call
- Maintaining health logs for campers & staff
- Communicating health concerns with Camp Director & parents
- Scheduling doctors appointments with volunteer doctors
- Training summer staff in camper health needs

Benefits include:

- Private room and bath
- All meals
- Competitive salary
- Full use of camp facilities & activity areas
- Children welcome!

For more information please call the camp office at 216-593-6250 or log on to our website at

www.campwise.org

**OHIO DEPARTMENT OF HEALTH
SCHOOL NURSE BULLETIN BOARD**
Receive timely information by e-mail related to the practice of school nursing, emergency preparedness, and other school health issues through the ODH School Nurse Bulletin Board. The ODH School Nurse Bulletin Board will be used to communicate time-sensitive information to school nurses

Northwest will again have a basket made by Sara Velasquez to be raffled off at the State Convention. The contents will include tea items from Vintage Teas.

Our spring meeting will be held on May 11th at St. Luke's Hospital. The education portion of the meeting will be on Ocular Emergencies and the business meeting will include installation of officers.

Maureen Knowles, NW Rep

www.nwoasn.org

• SWOSNA News

SWOSNA is officially under the leadership of our new President, Eva Garchar. Eva was elected President- Elect & would have followed Kelley Beischel but Kelley resigned as President when she took a teaching position in nursing last fall. In the interim, Past President Lauren Brown presided until Eva could get 'the lay of the land' in SWOSNA. Lauren just delivered her special twins on Jan. 30 @ 35 weeks & 5 days gestation! Mother, son, daughter (& dad) are doing well & we congratulate them!

SWOSNA met in November with 54 members present for a dinner meeting at Heatherwoode Golf Club in Springboro. Eva Garchar presented her master's thesis which we will also be privileged to hear at the OASN conference in Columbus in April! The new School Health Rep., Shawn Parrish, was a guest @ this meeting. Contact hours were provided.

SWOSNA's PR Committee has created a brochure that describes the scholarship & award opportunities available through SWOSNA & OASN, including the NCSN Scholarship, the Cameos of Caring Award, the Martha Carrick Scholarship, the OASN School Nurse of the Year Award & the Patricia Mac Donald Baum Educational Scholarship. Each school nurse present at the November meeting received a copy of the new brochure. The PR Committee continues to promote the "You're An Essential Piece" theme with prizes for school nurses in attendance at our general membership meetings.

We will meet again on April 25 @ Heatherwoode Golf Club for a dinner meeting. the program will be presented by Michael Sherburn Ph.D., MHA, RN, who will talk about "Depression in Youth & Cutting." Dr. Sherburn is Senior Director of Psychiatry at Cincinnati Children's Hospital & speaks nationally as well as on television & radio. He is the author of Caring for the Caregiver: Eight Truths to Prolong Your Career. Contact hours will be provided. Officers for 2006-07 will be installed at this meeting. The board will meet in late February.

in the event of an emergency/disaster in our state. Please send an e-mail message to Dorothy Bystrom, ODH School Nurse Consultant and School Nursing Program Supervisor, requesting that you be added to the Bulletin Board database at dorothy.bystrom@odh.ohio.gov Please note: You can only be added to the Bulletin Board database if you make an e-mail request to be included. If you think you have previously made a request to receive the Bulletin Board and have not recently received any messages, then please e-mail Dorothy Bystrom. Also, this is a Bulletin Board message service is not a Listserv; recipients cannot post messages.

- President, Eva Garchar
- Past President, Lauren Brown
- Secretary, Judy Fehr
- Treasurer ,Traci Hummer
- OASN Rep., Kathy O'Dell
- Historian, Jenny Boles
- Membership,Judy Ganguly
- PR, Dawn Abbott
- Ways & Means, Kay Larson
- Webmaster, Juliet Kolde

Respectfully submitted,
Kathy O'Dell RN.MEd,NCSN, OASN Rep.

www.swosna.org

- The American Diabetes Association is working in many states to enact law that will allow an unlicensed person to be used in the schools to care for children with diabetes. NASN opposes this legislation. NASN strongly supports safe and appropriate care of students with diabetes in our schools through case management by school nurses. This unlicensed person may not necessarily be placed under the direction of school nurses and, in some schools, may be placed without any presence of health services. NASN believes minimally trained non- medical personnel and non-supervised volunteers lower the standard of care and may jeopardize the health and safety of students with diabetes. The NASN Diabetes Task Force is asking states to watch for any type of diabetes legislation. This includes legislation related to glucagon, training unlicensed personnel, insulin, etc. If this is occurring in your state, please inform the NASN [Diabetes] Task Force. We would like to monitor this type of legislation. Send your emails to Sally Hunter at apsnurse@yahoo.com.

• OASN PRESIDENT/TREASURER ELECT NOMINATIONS

OASN PRESIDENT ELECT NOMINATION 02/07/06

Deborah L. Strouse

School District of Employment : Columbus Public Schools
School Nurse Experience: 1999- present Columbus Public Schools

2003-2005 School Nurse Disaster Training Coordinator

2003- present NASN Disaster trainer

Education: 2002 Masters of Education Cambridge College

1999 School Nurse certification Otterbein College

1996 Bachelor of Science in Nursing University of Alaska

Associate in Applied Science/ Health Science Community College of the Air Force

Awards and Certificates:

NCSN June 2005-2010

CCRN 1993-2008

OASN School Nurse of the Year 2005

Professional Affiliations and Offices Held:

Member NEA,OEA,CEA, COASN, Rep to OASN 2004-2006,

COASN President 2002- 2004, member Sigma Theta Tau,

Kappa Lambda Chapter since 1996.

Community Involvement: Northeast Community Baptist Church-

hospitality projects, Nurse Team Leader County Medical

Reserve Corps.

OASN TREASURER NOMINATIONS

Debra Stoner
School District of Employment: Whitehall City Schools
School Nurse Experience: 1997- present School Nurse at Holy Spirit School Whitehall

Education:

1980- Bachelor of Science in Nursing

1997- Certified as School Nurse in Ohio

Awards and Certificates: NCSN 2005-2010

Professional Affiliations and Offices Held: Presently Vice President of OASN

COASN- President, treasurer, secretary, newsletter, webmaster

Community Involvement: Dublin Crew- Executive Board-treasurer; GCRA treasurer; Provider of Health & Safety classes for Daycare certification.

We are open for additional nominations and still need nominations for OASN secretary.

Submitted by: Kathy Inderbitzin RN.,MEd.,NCSN, OASN President Elect